prime times (DASU)

Arizona State University Retirees Association Newsletter

SUMMER 2017

President's Message

submitted by Jeri Meeks, 2017-2018 ASURA President

It's time to celebrate another successful year of serving our membership as well as welcoming in a new year of possibilities. It has been my pleasure to serve as your V.P. turned President this year and I look forward to serving as your President next year. With almost a year of experience under my belt I feel more than up to the task — the sky's the limit in 2017-2018!

I would like to thank our Past President Jim Fordemwalt, V.P. Tara Roesler, Secretary Bev Buddee and Treasurer Barry Bruns for their excellent service on the Executive Committee this year. I would also like to thank those leaving the Board for a job well done. They are Larry Carlson, Trudy Perez, Jeannette Robson, Joyce Hartman Diaz, Jim Fordemwalt and Barry McNeill. And a special thank you to Larry, Trudy, Jeannette and Barry for continuing to serve as Committee Chairs — we appreciate all that they do!

A big welcome to our new Board members Bill Moor (Treasurer), Betty Landon (Secretary), Don Nilsen, Kathleen Renshaw and Pat Schneider. You are joining an amazing group of fun and intelligent people so these next three years will be energizing. I look forward to working with you!

As we discussed at this year's Annual Meeting, community and a sense of purpose are key to a long, healthy and happy life. So, in that spirit, I offer you an

opportunity to laugh, learn and serve with others by joining an ASURA committee! Our many committees support educational, social and service projects ... there's



something for everyone! Please contact me if you are interested.

Visit our website, https://asura.asu.edu, as well as read our E-News email blasts and future issues of the Prime Times for next year's seminars, events and travel opportunities. We look forward to seeing all on September 12, 2017 for our ASURA Fall Meet and Greet Pizza Party ... a great place to enjoy ASU friends without working!

Time To Renew Your Annual ASURA Membership

If you are a current member of ASURA who joined before January 1, 2017, it is now time to renew your membership for the 2017-2018 time period. Also, please encourage your friends who have retired and who worked at ASU to join our organization or to renew their membership. Benefits include continuing to receive *Prime Times*, news about friends and colleagues, and information about upcoming social activities and travel opportunities and seminars of interest to retirees. Your renewal also increases ASURA's negotiating power. Promoting the welfare of retirees by advocating with the University, the Legislature, the Arizona State Retirement System, and with health insurance groups is arguably the most important thing ASURA does. The more members we have ... the greater our influence.

To renew, please visit our website at https://asura.asu.edu/MembershipRenewals and follow the instructions. Membership dues are only \$30 and will cover the period July 1, 2017 through June 30, 2018. A special thanks to all of you who have already renewed for next year.

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ASURA Board Officers

President Jeri Meeks



Vice President Tara Roesler



Secretary Betty Landon



Treasurer Bill Moor



ASURA Board of Directors

Terms Expire April 2018

Barry Bruns Bev Buddee **Bob Francis** Larry Mankin Connie McNeill

Terms Expire April 2019

Tony Brazil Jay Q. Butler Jeri Meeks Tara Roesler David Schwalm

Terms Expire April 2020

Betty Landon Bill Moor Don Nilsen Kathleen Renshaw Pat Schneider

ASURA Board Ex-Officio Members

Ex-Officio Members

Alumni Association: Rhonda McClintock **Emeritus College Liaison:** Don Nilsen **Human Resources:** Judy Cato **University Club Liaison:** to be determined **University Liaison:** Abby Polito **University Senate:** Tom Schildgen **University Staff Council:** Katie Aguilar

Committees & Liaisons

Adopt-A-Family Joan Leard

Book Donations

Mary Stevens

E-News

Jo Madonna

Events Coordinator

Barry McNeill

Finance

Bill Moor

Golf Tournament

Vacant

Government Liaison (ASRS)

Larry Carlson

Government Liaisons (State Legislature)

Jeri Meeks (registered lobbyist),

Tara Roesler, Larry Mankin

Health Insurance Liaisons (ADOA & ASRS)

Larry Carlson, Tara Roesler

Luncheons/Special

Events

Vacant

Membership David Schwalm

Obituaries

Becky Reiss

Prime Times

Jeannette Robson

Scholarship

Sue Blumer, Joy Shearman

Seminars

Bev Buddee, Trudy Perez

Seminars

(pre-retirement)

Trudy Perez

Travel

John Brock

Video History Project

David Scheatzle

Website & Data Base

Connie McNeill

ASURA Office Staff

(480) 965-7668 *** Phone: Fax: (480) 965-7807

Website: https://asura.asu.edu/

Location: Community Services Building, 200 E.

Curry Rd., Room 201B, Tempe, AZ

Best to call beforehand

Business Operations Manager: Carolyn Minner **Office Staff Coordinators:** Linda Van Scov

& Nancy Lesko

Technology Manager: Connie McNeill

Office Hours - Summer 2017

Monday: 10:00 am-1:00pm Jeannette Robson **Tuesday:** 9:00 am-noon Wednesday: 9:00 am-noon

Nancy Lesko Linda VanScoy/ Tara Roesler

Thursday: 9:00 am-noon Bonnie Scheall Closed All Day (year round) Friday:

Subs: Bev Buddee Dorothy Meunier

Joan Leard Helen Seaton

Linda Whatley

Volunteers Needed

- Technology and Website Committee needs volunteers to help maintain ASURA's technology infrastructure. **Contact:** Connie McNeill, *mcneill@cox.net*.
- Chair and committee members needed for the Special Events Committee. Contact: Jeri Meeks, jeri.meeks@asu.edu.
- Video History Project ... tech savvy people with ability to be video editors, use iMovie or Adobe Premiere. **Contact:** Dave Scheatzle, david.scheatzle@asu.edu.
- Legislative Liaison group needs volunteers. Contact: Jeri Meeks, jeri.meeks@asu.edu.

Welcome New ASURA Members

Kathleen Aguilar	Joseph Del Libero	Lydia Lafaro	Sasha Ramayya
Robert Alexander	Josephine Dowdy	Roger Lurie	Michael Roper
Neil Armann	William Duncan	Maria Maza	Wilhelmina Savenye
Robert Backus	Jo Faldtz	Virginia McElyea	Marvin Simkin
Kent Blaylock	Cynthia Fernandez	Robert McPhee	Kathleen Stinchfield
Stanley Bolek	Deborah Graham	Fernando Morales	Mark Strnad
Gene Burgess	Joan Groh	Richard Olson	Eric Thor, Jr.
Susan Callahan	William Hart	Gerald O'Neill	Sybil Thornton
Giuseppe Candela	Lane Honda	Connie Pangrazi	Dale Williams
William Coleman	Gordon Knox	Sara Pennak	Duane Woerman
Joseph Davis	Carole Kraft	Donal Ragan	

2017-2018 ASURA Re-Entry Scholarship Awarded

submitted by Joy Shearman, co-Chair, Scholarship Committee



ASURA is pleased to announce the selection of Stephani Renay Watson for the 2017-2018 re-entry scholarship. Ms. Watson is from Folsom, California where she has supported herself since she was 17 years old. She attended Folsom Lake College where she maintained a 4.0 GPA and graduated with an AA in Interdisciplinary studies and an AA in Sociology.



Stephani Renay Watson

At age 22, she began a 15-year career in the corporate realm that ended when her company raised the educational requirements for her position.

In her personal statement Ms. Watson describes herself as an older student who, after leaving her 15-year career, had an epiphany that "my place in society should be that of a change-maker and to dedicate myself to academics and community involvement." Her academic goal to accomplish this is to graduate from ASU in May of 2018 with a B.S. in Political Science and a B.A. in Interdisciplinary Studies, concentrating in Justice Studies and Sociology. She hopes then to become a professor of Political Science, Justice Studies or Sociology at a public Community College. In these positions she aspires to, "foster an environment of enriched learning, while mentoring and guiding future generations of young adults and motivating non-traditional students as myself." She currently assists with raising funds to support the medical needs for rescued and abandoned animals and is a board member of her County Animal Shelter.

The ASURA Re-entry Scholarship this year provides a \$5,000 scholarship to an entering ASU student who has not attended high school or university for at least five years but may have been attending community college. Applicants are considered on the basis of their academic achievement and goals, financial need, community service and personal goals. Ms. Stephani Renay Watson's personal letter and application information and her desire to make a difference in society fulfilled the requirements to receive this scholarship.

ASURA Office Updates

submitted by Linda Van Scoy and Nancy Lesko, ASURA Office Coordinators

We are happy to report that the office is running smoothly. As you know summer is a very slow time for ASURA as there are no Board meetings held during the summer and many folks are off traveling. Therefore we plan to reduce our office hours as we did last summer. Beginning June 5 through the end of August the office will be staffed as follows:

Monday 10 am -1:00 pm Jeannette Robson Tuesday 9 am -12:00 pm Nancy Lesko

Wednesday 9 am -12:00 pm Linda Van Scoy (June 5- July 19)/Tara Roesler (July 26-August 31)

Thursday 9 am -12:00 pm Bonnie Scheall Friday CLOSED FRIDAYS (year round)



Linda Van Scor

Nancy Lesko

Other regular staff will join the volunteer staff in helping with any vacancies during the above schedule. We will return to 9 am to 12 pm and 1 to 4 pm office hours in September. We do appreciate our dedicated volunteer office staff!

Should the need occur to have the office open during afternoon hours for meetings, deliveries, etc. then that can be arranged. It is always best to call ahead, 480-965-7668, if you plan to visit the office.

Arizona Legislature — May, 2017 Update

GOVERNMENT LIAISONS' REPORT

submitted by Government Liaisons: Jeri Meeks (registered lobbyist), Tara Roesler and Larry Carlson

The 53rd Legislative Session closed Wednesday May 10th in the usual flurry of activity. Many of the university's budget priorities, as stated in Dr. Michael Crow's 2017 Legislative Breakfast, were met. The resident student funding model continues to be the accepted funding mechanism, with some added demographic and ROI reporting now required. These 2017-2018 state dollars also came with a university mandate to offer free tuition for resident teaching students via the newly formed *Arizona Teacher Academy*. The request for a permanent state allocation for infrastructure was also approved and ASU will receive over \$11M in the next fiscal year. The Legislature also agreed to an ASU budget unit consolidation — combining state budget lines for the Tempe, Downtown, West and East campuses into one distribution.



Although there were no substantial legislative changes to the Arizona State Retirement System (ASRS) many of the other state retirement systems (CORP, PSPRS, EORP) are going through an overhaul, with an emphasis on setting up defined contribution plans in addition to the established defined benefit plans. ASRS introduced bill SB1178 to define and regulate non-participating employers (e.g. universities that would like to withdraw from the state retirement system) and their liability obligations to ASRS. This bill was not signed by the Governor, rather retained on the calendar for the House Committee of the Whole (COW). We will need to keep a careful eye on that discussion next year as it effects the fiscal health of our retirement fund.

Jeri Meeks

We encourage you to contact your state or federal congressmen often to let them know what you are thinking about the state of our state and the state of our nation. They need our support as much as we need theirs and a personal call or email can make all the difference.

Lastly, tracking bills and keeping current with the legislative news is not for the tired or timid and I am so pleased to have an amazing group of people interested in this process. Many thanks to Tara Roesler, Larry Carlson and all the ASURA Board members who kept the group current and informed.





Tara Roesler

Larry Carlson

(the following articles were submitted by Tara Roesler, Government Liaison — State Legislature)

ARIZONA LEGISLATURE PASSES BILLS TO ROLLBACK ARIZONA CITIZEN-INITIATIVE LIMITS

Angered by the Citizen Initiative to raise the minimum wage, the Arizona Legislature passed three bills to Rollback Arizona Citizen-Initiatives. These bills are:

House Bill 2404:

- This bill bans political committees from paying initiative circulators by the signature. Please note: The Legislators specifically excluded candidate committees from this requirement.
- The goal of this bill is to drive up the cost of gathering the necessary signatures to place a Citizen-Initiative on the ballot.

House Bill 2244:

- This bill requires the mechanics of the initiative effort from the size of the petition to the font size of the text to strictly comply with the law.
- The goal of this bill is to disqualify a significant number of signatures for a Citizen-Initiative for what has up to now been immaterial matters. For example, if a petition is not exactly the specific size, it would be thrown out. Given when a copier makes copies of a petition, the resultant copy is somewhat smaller, all those petitions would be thrown out.

Senate Bill 1236:

• This bill would add more requirements for petition circulators. It would hold the political committee that sponsors an initiative responsible for any legal violation a circulator might commit, subject to a fine of up to \$1,000. Currently, the individual is responsible for his actions.

(Continued on page 5)

(Continued from page 4)
• The goal of this bill is to drive up the cost to the sponsors (political committees) of any Citizen Initiative. This also opens the door for people wanting to stop an Initiative to circulate fraudulent petitions and stick the committee with a \$1,000 fine for each violation.
PROTECTING OUR RIGHTS: PETITION DRIVE TO STOP IMPLEMENTATION OF THESE BILLS BY REFERRING THEM TO THE BALLOT FOR A VOTE
Former Attorney General Grant Woods and former Phoenix Mayor Paul Johnson are chairing the committee, which filed its paperwork with the Arizona Secretary of State's Office to refer all three of the bills to the 2018 General Election ballot.
"Arizona, since statehood, has treasured the right of the people to serve as a check on the Legislature," said Woods, a registered Republican. "It's pretty obvious they are trying to chip away at that. We're not going to let them."
The Task: 75K Signatures in 90 days
The committee needs to gather 75,321 voter signatures within 90 days after hitting the streets to qualify for the 2018 ballot. Joe Yuhas, the committee's consultant, said they will aim for 120,000 to 130,000 signatures to have a cushion. The drive will use a combination of paid and volunteer circulators.
•••••
ARIZONA LEGISLATURE PASSESS BILL (SENATE BILL 1431) TO EXPAND SCHOOL VOUCHERS
The expansion of the Empowerment Scholarship Accounts program opens ESAs to all public- and charter-school students. Up to 30,000 parents could use the new program by 2022. It's scheduled to take effect 90 days after the state Legislature adjourns. ESAs had been limited to certain children, including those with disabilities and those from poor-performing schools.
ESAs are funded by diverting between 90 percent and 100 percent of a student's state school funding from their local school district to private schools or other education expenses. The money is placed in an account, which parents can use to pay for private-school tuition, uniforms, books, tutoring, educational therapies and other items.
PARENT GROUP SEEKS TO OVERTURN ARIZONA SCHOOL-VOUCHER EXPANSION
Public-education advocates (Save Our Schools Arizona) are launching a referendum campaign to halt the controversial expansion of Arizona's school-voucher-style program and let the public decide to either uphold or overturn the school-voucher expansion. The committee will have 90 days to collect about 75,000 valid signatures from registered voters to qualify for the November 2018 ballot.
THE TASK: 75K SIGNATURES IN 90 DAYS
Beth Lewis, a teacher and founding member of Save our Schools Arizona, said "Our public schools are starvingAs a teacher and a mom of two students who are about to go to public school, I am so concerned about the state of education in ArizonaThe ESA issue is the straw that broke the camel's back. And we don't have any choice but to start fighting for what's right."
Additionally, Professor Paul Bender, former ASU Law School Dean in his address to the Friends of ASU and the League of Women Voters pointed out that he believes this expansion is unconstitutional. Specifically, Article 9, Section 10 states: "No tax shall be laid or appropriation of public money made in aid of any church, or private or sectarian school, or any public service corporation.

2016/2017 Staff Council Appreciation BBQ

submitted by Barry McNeill, Events Coordinator



Each year the ASU Staff Council sponsors a Staff Appreciation BBQ. These events include music, food, perhaps a word or two from President Crow, and a collection of vendor tables. The ASURA Board has felt that having our vendor table at these employee events over the past several years was an easy and relatively good way to get our name out to the ASU employees.

Armed with a nice ASURA table drape, stand up poster and several ASURA branded giveaway goodies we set up a table at all four of this year's BBQs ... one for each campus. While the traffic at the table was not overwhelming there was almost always someone at the

table. Some thought we were HR and wanted to know HR stuff; some dropped by to get their bingo card stamped; but there were those who wanted to discuss retirement. I think we may have helped them a bit. We did manage to give away a goodly number of bookmarks, pens and luggage tags.

Sitting behind the table at each of these BBQs was:

- Polytech Campus (December 2016) John Brock and Barry McNeill
- Downtown Campus (January 2017) Jeri Meeks, Larry Carlson, Tara Roesler, and Barry McNeill
- Tempe Campus (February 2017) Bev Buddee and Barry McNeill
- West Campus (March 2017) Larry Carlson

Change a Life — Mentor

submitted by Jan Thompson

As retirees of a certain "vintage", many of us have benefited from the caring mentorship of a special teacher, co-worker, or friend who came along at just the right time to make a transformational difference in our life path. If you've been lucky enough to experience this, as I have, you know how important such a mentor can be. There's no doubt that mentoring changes lives, and retirement offers us a wonderful opportunity to do just that!

I've recently become a mentor for **Women Living Free (WLF)**, one of several workforce development programs offered by **AWEE** (Arizona Women's Education and Employment), a Phoenix non-profit since 1981. WLF mentors work one-on-one or in groups with women who have recently been released from incarceration at Perryville Prison, easing their transition by sharing important life experience skills and social support in a variety of ways.

The program features:

- Mentor orientation/in-depth training sessions
- Careful matching and monitoring of mentor and mentee
- Correspondence only mentoring (pre-release)
- At least one monthly face-to-face meeting with mentee (post-release)
- Weekly phone and email contacts with mentee
- Participation in AWEE group workshops and events with your mentee (résumé-building, interview skills, computer training, self-esteem)

All women who qualify for the WLF program benefit from 8 weeks of pre-release classes offered at the prison by AWEE staff. Participation is by choice. The post-release women I've encountered are highly motivated to succeed and extremely grateful for the support that a personal mentor can provide. So, if you're ready to give back in a meaningful way, please consider becoming a WLF mentor. You can change a life!

Your commitment: 6 months, approximately 5 hours per month



Dana Riddel, Volunteer & Mentor Coordinator (602-223-4347) DanaRiddel@awee.org

2017 ASU Day at the Capitol

submitted by Jeri Meeks, 2017-2018 ASURA President/Government Liaison (registered lobbyist)

On February 21, 2017 ASURA hosted an information table at the 31st ASU Day at the Capitol. This event ... which showcases university initiatives, research, programs and organizations ... was a chance to network with and thank all the Legislators and their staff.

We were pleased to be among the 135 ASU faculty and staff and 45 exhibits at this strategic outreach event.

Visit https://vimeo.com/205150611 to view a great video of this event.

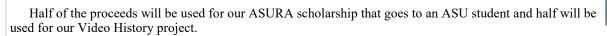


ASURA Needs Your Old Books!

Are your bookshelves too full?

Are you downsizing your office or your home and don't have space for all of your books?

Donate your used books to us, and we will work with our partner, Friends of the Phoenix Public Library, to sell them. We will use proceeds of the sale to support our programs. The ASU Foundation, a separate nonprofit organization that exists to support ASU, will provide a gift receipt for tax purposes.



If you have books you can donate, please visit our website at https://asura.asu.edu/BookDrive and print our donation form. Complete the form and either scan and fax or email to Mary Stevens, chair of the Book Drive project or mail it directly to the ASURA office.



For more information contact:

Mary Stevens, (602) 758-3750 marystevens0@gmail.com

2017 Spring Luncheon

submitted by Joyce Hartmann Diaz

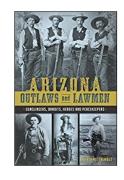
On April 26th, 60 ASU retirees and guests enjoyed a delicious meal and entertainment at the annual ASURA Spring Luncheon held at the Shalimar Country Club.

Excellent entertainment was provided by Marshall Trimble, Arizona's Official State Historian. Marshall shared interesting stories about the history of Arizona and sang several whimsical and comical songs about our state.



Following the program, several attendees purchased Marshall's latest book, <u>Arizona Outlaws and Lawmen</u>.

Marshall remained to visit with attendees and to autograph copies of his book. Comments from attendees were very positive!





Marshall Trimble, Jim and Beth Fordemwalt



Bob Francis, Marshal Trimble



Annual Meeting Minutes, April 1, 2017

submitted by Beverly Buddee

Prior to the beginning of the formal meeting, members in attendance enjoyed time for casual conversation and lunch.

Welcome Remarks and Association Overview – Jeri Meeks

The meeting was formally opened at 12:02 p.m. by President Meeks welcoming guests. She gave a brief biography of her professional career and call as a legislative liaison for the ASU Retirees Association. She then recognized and thanked Board officers and members, committee chairs, office staff and the many volunteers who support the Association and carry out its functions. President Meeks mentioned the book, The Blue Zones: Lessons for Living Longer From the People who've Lived the Longest, by Dan Buettner, and the importance of health, well-being, and the sense of community in living a long and fulfilling life. She remarked that surely active participation in the ASURA community would lengthen lives.

Presentation about the University-based Life Plan Community at ASU by Mr. Randy Levin, ASU University Realty, and Mr. Paul Riepma, Pacific Retirement Services

President Meeks introduced Mr. Randy Levin, CEO and managing Director of University Realty, LLC and Mr. Paul Riepma, Vice President of Sales and Marketing, Pacific Retirement Services.

Mr. Levin thanked Maynard Blumer (retired ASU faculty and present in the audience) as his mentor during his early architecture career. After a 30+ year distinguished career in all facets of commercial real estate, including vice president of commercial development for SunCor Development Company, Mr. Levin joined the ASU Foundation in August of 2013 to work with gifted real estate. Prior to Mr. Levin's arrival, gifted real estate was fixed up and sold with proceeds going to toward programs. He changed that philosophy to fix gifted real estate and lease out, creating a revenue stream for the University. Current value of that real estate is \$152M. In July, the decision was made to create a new company, University Realty LLC, to handle the Foundation real estate and to look for new opportunities to enrich the portfolio. It is a profitable non-profit, with every dollar going to the ASU Foundation.

President Crow's philosophy of life-long learning, from the cradle to the grave, began the discussion of senior housing. Research revealed that senior living is changing with many professional retirees charting out their next 30 years with more in mind than golf. These retirees are interested in being useful, not becoming a burden to their heirs, and desiring to age-in-place with active and supportive environments. Research also revealed that over 100 universities are already doing senior housing and who the successful developers are. University Realty has chosen to partner with Pacific Retirement Systems to create the ASU Mirabella project.

Why a university partner for a senior living project? For what it can provide...lifelong learning opportunities; access to on-campus cultural, social and sporting activities; participation in research initiatives and grants focused on aging; and a strong base of alumni with similar interests. Additionally, the

University hopes to negotiate partnerships with Mayo Clinic's Medallion Program for onsite medical care; the ASU/Mayo Medical School for intern rotations; the ASU College of Nursing and Health Innovation; School of Nutrition, The Herberger Institute for Design and the Arts; and the Osher Lifelong Learning Institute, among others for classes on a myriad of interesting topics.

Paul Riepma, Senior Vice President of Sales and Marketing, introduced the audience to Pacific Retirement Services (PRS), a 25 year old not-for-profit company with its home office in Medford, Oregon. PRS has 3,000 employees, and 5,000 senior residents. Its primary focus is on co-developing with specialized non-profit entities using an urban platform (high rise living). While there are other signature communities in the PRS portfolio, the ASU Mirabella project will be their first project on a university campus. With an Omni Hotel scheduled to be built next door, ASU Mirabella will have all the resort amenities and be recognized as the best of its kind nationally.

Mirabella at ASU will offer a full complement of living accommodations: independent living suites, assisted living suites, and a small number of memory care and skilled nursing care suites. There are 255 total homes planned. Each home will come with all the highest finishes, spacious floor plans, high-end appliances, and full kitchens. Plans for extensive amenities include on-site physicians, fitness, 3 amazing dining venues, stunning outdoor gardens, vibrant community spaces, estate planning, and concierge services.

Prospective homeowners will go through a medical screening to ensure that they begin life at Mirabella with good health. They must be capable of independent living without help. Pets are welcome but they too must go through a screening with their owner. The minimum age is 62 years. Residents will be those people who make a conscious decision to divest a personal home to go into a community of urban dwellers with similar interests.

McCarthy Builders, the local builders, have used drones at the building site to take pictures in different directions from different heights to allow the customer to see the exact view from their prospective home. Additionally, customers will be able to use virtual reality to walk through the building for an interior inspection. The project is scheduled to be open in spring of 2020.

Mr. Riepma briefly discussed the financial commitment to call Mirabella at ASU home. As units are customized to homeowner tastes during construction, the entrance fee will be determined by the final numbers of those construction costs. There are 3 ways to structure the investment: 1) pay less to get in and costs appreciate over time – ideal for investors without heirs; 2) a greater initial investment upfront, perhaps high \$200,000, but heirs can receive a 50% refund at the end of time; and 3) a high initial investment, perhaps \$400,000, and heirs could receive a 90% investment refund at the end of time. Individual specifics are discussed in detail with prospective homeowners. There is also a monthly fee for extra services used. Interested individuals were invited to attend an informational meeting for greater detail. A flyer

(Continued on page 9)

(Continued from page 8)

was handed out listing 4 meeting dates in April, 2017.

Remarks by Scholarship Recipient Marcene Hoover-Bennett

Scholarship Committee Chair Sue Blumer thanked the organization and the members of the Scholarship Committee for making the scholarship possible. Sue introduced Marcene Hoover-Bennett, this year's scholarship recipient.

Marcene described herself as a member of the Navajo Tribe, a wife, a mother of 3 children, and a student at Barrett, The Honors College. She was raised in Kirkland, New Mexico, and moved to Tempe with her family in 2000, and is a first generation college student. A reentry student at age 30 with 3 children, her initial goal was to earn an Associate of Arts degree and then enter the workforce. It was at the community college that she discovered a love for learning and the desire to continue the educational journey. Marcene chose ASU because of Barrett, The Honors College, and has found the journey both lots of work and rewarding. With cost considerations as a motivating factor, she learned to successfully navigate the difficult and confusing path to financial aid through scholarship and grant applications. While her perception of life changed for the better as a result of her son's chronic case of Valley Fever, developed at a very young age, and the care required to nurse him back to health, the financial journey has changed her life. She is seeking a degree in Communication with the goal of one day assisting other Native American students achieve their dreams of higher education. Her aspiration is to help Native youth to succeed by working with an existing company or creating a company to teach the financial aid process of finding and then successfully writing

scholarship and grant applications. Marcene is also considering applying to law school upon graduation. She feels a law degree would further prepare her to help other people. Marcene closed her remarks by thanking the Retirees Association for their commitment to the scholarship and its importance to her

Video History Project Interview Clips

Project Committee Chair Dave Scheatzle introduced the committee members and thanked them for their work. He then noted that the Video History Project began as an effort to record the history of ASU's development through the people who were part of it and has continued that process. He showed clips from recent interviews with Herman Frazier, Gary Kleemann, Morton Monk, and Mary Rothschild to give the audience a sense of the Project and the interview process.

Introduction of New Board Members and Officers by 2017-18 ASURA President Jeri Meeks

President Meeks introduced the new ASURA Board members: Bill Moor, Betty Landon, Kathleen Renshaw, Don Nilsen, and Pat Schneider. She then introduced the new slate of officers and Executive Committee for the 2016-2017 year: Jeri Meeks, President; Tara Roesler, Vice President; Bill Moor, Treasurer; and Betty Landon, Secretary.

Closing Remarks by Jeri Meeks

President Meeks thanked the audience for their attendance and adjourned the meeting at 1:55 p.m.

ASURA 2017 Annual Meeting Photos



Nancy Lesko welcomes members



ASURA 26th Happy Birthday Carrot Cake



Jeri Meeks, ASURA President



Lunch buffet table ready and waiting for all



Barry McNeill — on the lookout for another photo opportunity



A big thank you to Bev Buddee, hard at work drafting minutes of the meeting for historical purposes and for use in preparing this article.

(Note: More photos on page 10 & on our web site at http://asura.zenfolio.com/p428722076)

ASURA 2017 Annual Meeting (More Great Photos)



"Four Amigos" - Jeannette Robson, Judy Heilala, Sue Blumer, Alleen Nilsen



Jo Madonna, Bill Moor, Barry Bruns



Joyce Hartmann Diaz, Linda Van Scoy, Elmer Gooding, Don Dotts, Larry Mankin



Marcene Hoover-Bennett ... Scholarship Awardee



A Meeting of Architects — Dave Scheatzle, Randy Levin, Maynard Blumer



Aileen Nilsen, Gary Kleemann

(Note: To view more photos from the Annual Meeting and all other ASURA events, please visit the ASURA Photo Gallery web site at http://asura.zenfolio.com)

ASURA Fall 2017 Events

Event	Date	Cost
Board Meeting	Tuesday September 12	Free
Meet & Greet Pizza Party 11:15 am—1:00 pm, CSB Rm 330	Tuesday September 12	Free
Board Meeting	Tuesday October 10	Free
Seminar – Medicare-ADOA-ASRS Open Enrollment	Thursday October 26	Free
Board Meeting	Tuesday November 14	Free
Board Meeting	Tuesday December 12	Free
Holiday Potluck & Bake Sale	Thursday December 14	Free



Barry McNeill, Events Coordinator

Please put these dates on your calendars. As the events get closer, additional information will be available on our website, https://asura.asu.edu, and you will be able to register for the events.

The Events and Travel Committee are also discussing the addition of more Fall 2017 events and travel. Those being considered are (1) a Fall Luncheon, (2) two local tours, (3) and possibly a Dolly Steamboat Cruise on Canyon Lake or a southeast Arizona visit to Karchner Caverns/Kitt Peak/Desert Museum. We may also throw in a holiday musicale as has been previously offered around the Christmas holiday. As we get closer to the Fall and as new events are added, email notifications will be sent and updates noted in the monthly E-News blasts.

As a reminder, we are always open to any suggestions from our ASURA members as to what events or travel (local and international) you would like ASURA to consider.

Travel Committee Report

submitted by John Brock, Travel Committee Chair

Your 2017 ASURA Travel Committee has been very busy. Highlights of our efforts included a successful tour of Tovrea Castle on April 8 with 24 retirees and their guests giving positive reviews of the tour. We are also planning another Tovrea Castle tour in the spring of 2018.

In early September 2017, a group of about ten ASURA members will be leaving for a British Isles/Ireland tour. Next year, on March 4, 2018, ASURA members will be leaving for a two-week tour to Argentina /Chile and the Patagonia region of South America. Persons can still reserve a place on the Patagonia region trip.

The committee is currently planning a couple of local outings ... like a tour of ASU Polytechnic campus, a tour of the

Museum of Musical Instruments in Scottsdale, and possibly a Dolly Steamboat Cruise on Canyon Lake.

Other local trips being considered are a trip to southeastern Arizona to visit the Karchner Caverns — coupled with a tour of the telescopes on Kitt Peak southwest of Tucson — then perhaps throw in the Desert Museum to fill out the trip. We are also considering another 4-Corners tour late in the Fall of 2018.



Current ASURA travel committee members include Norman Perrill, Helen Seaton, Gary Kleemann, Joyce Hartman-Diaz, Gretchen Hirni and Judith Heilala.

Suggestions from ASURA members about travel events are always welcome.

2017 Tovrea Castle Tour

submitted by Ralph Lockwood; photos by Ralph Lockwood and John Brock



After many 'drive-by' sightings! — it was fun to actually experience the Tovrea Castle and to listen to its rather checkered and fascinating history. A model of the structure is kept in the main exhibition room, as the upper floors are closed to the public. Tours are kept small, since the docents are all volunteers — but often volunteers have a greater passion for their subject than so-called professionals!

Dating from a similarly Depression-clouded time period as the Biltmore Hotel and the Wrigley Mansion, this site, now owned by the City of Phoenix, exhibits an aura of its own — decidedly "kitchy", but with some wonderful and whimsical touches, such as the railroad bell used for emergencies. A special plaster work ceiling in the basement mimics icicles.

We were driven up to the castle in golf carts, with a few stops on the way. A fun backward look at a very different age in the development of our metropolis and I'm happy it was saved from the wrecking ball! To view more pictures from the tour please visit the ASURA Photo Gallery website at http://asura.zenfolio.com.



Monument



Railroad Bell



Tour Guide



Lamp Post

Seminar: Senior Living

submitted by Bev Buddee, Co-Chair, Seminars

The Senior Living Seminar, which took place on Thursday, April 6, was well attended.



Martha Batista and Steven Chung, founders of Senior Living Advisory Group of Scottsdale, presented information on the senior living spectrum and options available in the Valley, ranging from independent living to skilled nursing facilities and everything in between.

This seminar included descriptions of each senior living

category, comparisons, cost ranges, and tips on how to choose what's right for the individual. Steven and Martha also spoke to the licensure requirements for each of the levels of care.

Their parting words of wisdom were:

- Get your legal papers in order: Powers of Attorney (health care, mental, and financial), Estate (trust), Financial (think about your care), and Advance Directives. Consider consulting an attorney who specializes in elder law.
- Family make sure your wishes are known.
- Get educated on what's available and the options.
- Simplify downsize early.

Seminar: Nutrition & Physical Therapy

submitted by the Seminar Committee

The first seminar for the 2017 season dealt with nutrition and physical therapy. About 30 people attended and enjoyed two good presentations.

The first presentation was given by ASU Professor Emeritus Linda Vaughn who had been the Director of the School of Nutrition and Health Promotion before retiring in the summer of 2016. Her presentation was titled "Nutrition to Optimize Health, Now and in the Future".

Visit https://asura.asu.edu/2017Seminarl and click on to "presentation" to view and/or download her 31-page .pdf document. Professor Vaughn covered a number of topics including theories of aging, age-related changes to the body, nutrition guidelines as you age, some common health problems, and finished with a discussion of "Best" Dietary Patterns for Long Term Health.

The second presentation was given by Noah Arenson, Physical Therapist and partner in Contact Physical Therapy. Noah mentioned types of rehabilitation environments, such as neurologic and aquatic, and some specialty areas of physical therapy, i.e. orthopedic, neurological, cardiovascular and pulmonary rehabilitation, and pediatric physical therapy. Noah specializes in orthopedic physical therapy, the goal of which is to diagnose, manage, and treat disorders and injuries of the musculoskeletal system.





Physical therapists are experts in movement. They can analyze and improve movement patterns to improve quality of life. Strength training, joint mobilizations, electrical stimulation and other modalities are all methods available to the orthopedic physical therapists. Patients are educated in their own home exercise programs so they can continue to progress well after they are discharged.

Seminar: Living Well with Hearing Loss

submitted by Barry McNeill, Events Coordinator

The second spring 2017 ASURA seminar was very well attended with only a few empty seats and the audience was presented with a very informative, engaging talk. Professor Kathryn Wexler, AuD (Clinical Associate Professor, Arizona State University Audiology Clinic) stopped her presentation several times for questions of which there were many. The following story gives a brief overview of some of the more important/interesting aspects of the presentation.

In a February 2017 Center for Disease Control article it was reported "Hearing loss is the third most common chronic physical condition in the United States and is twice as prevalent as diabetes or cancer". It is estimated that two thirds of those over seventy suffer from mild to severe hearing loss while only about twenty percent of this group uses hearing aids.

There are four types of hearing loss:

- <u>Conductive</u> hearing loss which involves problems with the middle ear which fails to transmit some or all of the input signals to the inner ear. The condition can be temporary or permanent.
- <u>Sensorineural</u> hearing loss which is caused by a lesion or disease of the inner ear or the auditory nerve.
 Sensorineural hearing loss is usually permanent and can range from mild to profound.
- <u>Central</u> hearing loss occurs when there are problems with the auditory portion of the brain. This type of loss is generally profound and permanent but is not a common occurrence. Smart phones that can convert speech to text can aid.

<u>Mixed</u> hearing loss is a combination of the previously mentioned loss types.

Professor Wexler then spent some time discussing the inner ear, particularly the cochlea, which is the location for the most common hearing losses. The more common causes for hearing loss associated with the inner ear are: age, noise, heredity, health factors, and head trauma. Some drugs can be very hard on the inner ear. The inner ear requires oxygen and thus good health helps maintain a good supply of blood and oxygen. Diabetes impacts oxygen supply and can impact hearing.

The next portion of the presentation reviewed what goes on during a standard hearing test and how the results are displayed via an audiogram.

The talk then moved on to discuss hearing aids. The Better Hearing Institute was recommended as a source for information about hearing loss and hearing aids.

Professor Wexler then discussed some communication strategies. It is important to remember that while you hear with your ears, you listen with your brain.

The presentation ended with a very brief overview of cochlea implants which might be helpful for someone with profound hearing loss.



Professor Kathryn Wesler, AuD and Bev Buddee

This article is a summary of the original, and very informative, seminar report that can be found on our website at https://asura.asu.edu/2017Seminar2.

Seminar: Medicare 101

submitted by Bev Buddee

Jack Burns, Public Affairs specialist for Arizona, Social Security Administration and Bill Cave, presenter and volunteer counselor from State Health Insurance Assistance Programs (SHIP), Area Agency on Aging, presented an informative seminar on the many facets of Medicare and Medigap plans.

Mr. Burns briefly reviewed the history of Medicare and then dove into 3 important retirement tools available to everyone considering retiring. While Social Security (SS) is the foundation for a secure retirement, other savings and investments are also essential.



Jack Burns

Mr. Cave then spoke to the 4 parts of Medicare (Part A: Hospital, Part B: Medical, Part C: Medicare Advantage plans, and Part D: Prescription Drug Coverage), the initial enrollment period, general enrollment period, open enrollment and special enrollment periods. He discussed the 3 ways to get Medicare: (1) original Medicare (Parts A&B) with a prescription drug plan (Part D); (2) original Medicare along with a secondary insurance and possibly a prescription drug plan, and (3) Medicare Advantage Plan (Part C) or ASRS Group Medicare Advantage HMO, and what each part covered. The various levels of coverage offered by Medigap plans were covered along with information on eligibility and enrollment. The difference between Medigap coverage and Part C Medicare Advantage Plans was discussed with Mr. Cave reminding the group that Medicare recipients can choose either Part C Medicare Advantage Plans or a Medigap plan. Individuals cannot have both plans. Mr. Cave also touched on Part D Medicare Prescription Drug coverage.

Mr. Cave also informed the group that there is extra financial help for prescription drug coverage and Medicare savings programs available to those with a financial need. Counselors with the State Health Insurance Assistance programs at the Area Agency for Aging are available to help with these needs. Resources for assistance include: www.medicare.gov; call 1-800-MEDICARE; 1-800-633-4227; call your local State Health Insurance Assistance program (SHIP) – in Maricopa County call 602-264-4357 or 602-264-2255; visit www.azahccs.gov for information about Arizona's Medicaid programs.

In Memory of Zeke Prust

On January 6, 2017, a valued colleague and dear friend, Zeke Prust, passed away. Zeke served ASU from 1958 until 1985 when he retired as Professor Emeritus of Industrial Technology. In 1958 Zeke started the Graphic Communications program at ASU. During his ASU career he served in that program as Professor and Department Chair as well as other positions such as Associate Director of the Division of Technology and Director of Graduate Programs for the Division of Technology.

In 1999-2000 he served as the 9th president of the ASU Retirees Association. During his presidency, he focused on gaining new members for ASURA and monitoring legislative activity that impacted ASURA members. He also contributed his time and positive energy to ASURA in many other ways including treasurer, board member, vice president and past president.

Throughout his life, Zeke was dedicated to serving his country, his family, his educational institutions, and his friends. Zeke enlisted in the Army Specialized Training Program while in college. After the program was discontinued, he was sent to Fort Knox, Kentucky for tanker training and then to England. He was originally sent to France, via Omaha Beach, as a replacement for D-Day. He was assigned to the 10th Armored Division and served with them for the remainder of the war—including the Battle of the Bulge (Bastogne). His unit crossed the Rhine at Worms and ended the war at Garmisch-Partenkirchen.

Zeke earned his Bachelor's Degree from the University of

Wisconsin at Stout, his Master's Degree from the University of Minnesota and his Ph.D. from the University of Northern Colorado. After graduation, he married Mary Ann Dodge. He co-owned Rock Ledge Printing Service and taught in Sheboygan, Wisconsin until he moved to Arizona.



In his retirement years at Friendship Village he served as President of the Residents Council and President of the Woodworkers Group. He was described by his friends there as the "number one guy" to build or repair anything having to do with woodworking. He also used his talents to serve his church (Tempe First United Methodist Church) by building altar furniture and small wooden crosses which were given to children on the day of their baptism. This past year he was also elected as President of his Kiwanis Club. In these and many other ways, he continued to serve others throughout his life.

He was admired and respected by all who knew him and especially those who had the pleasure of working or serving with him. Clearly, the world is a better place because of the many things that Zeke Prust did throughout his life.

Contributed by Elmer Gooding

Obituary Notifications: January, 2017 — May 2017



submitted by Becky Reiss

(please note that all obituary notices and photos, when available, are on our website: https://asura.asu.edu/obituaries)

Name	Date of Death	ASU Affiliation
August, Jr., Jack Louis	January 20, 2017	Former Executive Director, Arizona Historical Foundation at ASU
Baker, Robert	May 5, 2017	Public Address Announcer
Bauer, Ethel Smith	February 26, 2017	Administrative Assistant, Mathematics Department
Bellamy, Lynn	February 7, 2017	Professor, Chemical Engineering
Cage, Bonnie LaRae	December 30, 2016	Transcript Evaluator, Graduate Admissions
Crank, Floyd L.	February 25, 2017	Visiting Professor, College of Business
Dickinson, Arthur L.	May 3, 2017	Professor, Department of Physical Education
Downs, Ruth Shaheen	March 28, 2017	Wife of Hugh Downs, Hugh Downs School of Human Communication
Ellison, A. LeRoy	March 29, 2017	Entrepreneur-in-Residence, WP Carey School of Business
Fenstermaker, Marjorie	March 4, 2017	Secretary, Department College affiliation unknown
Folkman, Audrey Mary	May 12, 2017	Food Service
Garcia, Jr., Pete "Big Dog" C.	May 3, 2017	Established the Victoria Foundation for student scholarships
Hale, Charles Rex	April 6, 2017	Department/college affiliation unknown
Hammock, Colonel Paul "Rex"	March 8, 2017	Professor, Aerospace Studies and Commander, AFROTC
Havens, Carolyn	May 8, 2017	Department/college affiliation unknown
Henderson, Helen Kreider	April 12, 2017	Professor, Anthropology
Henkel, Ray	March 11, 2017	Professor, Geography Department
Herrick, Thomas Russell	March 18, 2017	Professor, College affiliation unknown
Holland, Susan Elizabeth Harper	May 1, 2016	College of Education and Office of the President
Hood, Faber L.	March 11, 2017	Pharmacist, Student Health Services
Howe, Michelle Lynn	January 28, 2017	School of Mathematical & Statistical Sciences
Huber, Clarence E.	April 7, 2017	College/department affiliation unknown
Jones, Jr., William R.	May 7, 2017	Adjunct Faculty, College of Law
Karnig, Albert K.	May 4, 2017	Director, School of Public Affairs; Associate Provost
Kruglick, Burton Sanford	February 12, 2017	Founding member of Carl Hayden Society; member of President's club,
Karjala, Dennis S.	April, 2017	Professor of Law

Name	Date of Death	ASU Affiliation
Jacobs, Yvonne Marie	February 26, 2017	College/department affiliation unknown
Kruglick, Burton Sanford	February 12, 2017	Founding member of Carl Hayden Society; member of President's club, First Team and Sun Angel Foundation
Lusch, Robert Frank	February 23, 2017	Professor, College of Business
Maisel, James Edward	February 9, 2017	Professor Emeritus, Electronic and Computer Engineering Technology
Marin, Manuel "Manny" Gonzales	February 18, 2017	Founding member of MECHA and Counselor for ASU Talent Search & Educational Opportunity Program
Matson, Linda Gagnon	March 4, 2017	Athletic Department
McElyea, Virginia B.	March 25, 2017	Executive Director, Teacher Incentive Fund Grant, Mary Lou Fulton Teachers College
McKivergan, Mary Barnett	January 20, 2017	College/department affiliation unknown
Mills, Amy Lamborn	November 26, 2016	Professor, Home Economics
Mills, Wilis (Al) Myrel	January 9, 2017	College/department affiliation unknown
Moore, Harold Emerson, Jr.	March 29, 2017	Faculty, Criminal Justice Department
Mullins, Richard (Dick or "Moon") Lee	January 14, 2017	Sports Information Director
Pamachena, Barbara Ann	March 25, 2017	Docent, ASU Art Museum
Pein, Elna S.	May 10, 2017	Saga Foods
Podlich, Margaret Mary	March 16, 2017	Wife of William F. Podlich, Jr., Professor Emeritus, Education (dec.)
Polk, Leonard W.	February 20, 2017	Adjunct Professor, College of Education
Prust, Zeke	January 6, 2017	Professor Emeritus of Industrial Technology
Rodriguez, Henry (Hank)	February 6, 2017	Father of Rick Rodriguez, professor, Walter Cronkite School of Journalism and Mass Communication
Schubach, Gertrud "Geri"	March 24, 2017	Professor Emeritus, German
Scott, Frances A.	February 5, 2017	Administrative Assistant to Dean, College of Law
Smart, Phyllis	January 31, 2017	Administrative Assistant, Center for Executive Development, College of Business Administration
Sommerfeld, Milton	May 16, 2017	Chair, Department of Botany and Microbiology; Associate Dean, College of Liberal Arts and Sciences
Staudhammer, John	February, 2017	Professor, College of Engineering
Talley, Mae Sue	March 9, 2017	ASU Foundation Board member, Honorary Doctorate recipient, Gifted Castle Hot Springs Resort to ASU
Tenney, Lester	February 17, 2017	Professor, College of Business
Thomson, Tom R.	February 9, 2017	Professor Emeritus, Chemistry
Uttal, William R.	February 9, 2017	Professor Emeritus, Industrial Engineering
Vesely, Suzanne	May 10, 2017	College/department affiliation unknown
Whitehurst, Harry B.	February 19, 2017	Faculty, Chemistry Department
Willis, Lora May Mortensen	February 2, 2017	Daughter of Martin Mortensen, Professor of Education at Arizona State College

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